

# THIRD AGE NEWS

U3A Box Hill Inc. Newsletter  
29 Strabane Avenue,  
Mont Albert North 3129



www.u3aboxhill.com.au

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## President's Message

Happy New Year and welcome back to U3A Box Hill for 2017. This year will be the 25<sup>th</sup> Anniversary of the beginning of U3A Classes at Box Hill. To celebrate this achievement the Committee are planning a range of celebrations that will be available to all members. The 25<sup>th</sup> Anniversary Luncheon will be held at the Box Hill RSL immediately after the AGM on Friday March 31<sup>st</sup>.

In an endeavour to provide additional class space at Strabane Hall a project for the installation of an Operable (Moveable) Wall has been undertaken by Whitehorse Council. The current project schedule suggests that the physical installation of the Operable Wall will happen during May-July. It appears 2017 could be a significant year for the building of Walls!

Congratulations and welcome to Gwen George, Office Manager, and Linda Carter, Office Roster Coordinator, who officially joined the Committee of Management at our November meeting last year. Dianne Forster has also agreed to assist Linda with her Roster duties. As a totally volunteer organisation we appreciate members who offer to assist with the work involved in COM activities.

I encourage all **new** members to attend the introductory Afternoon Tea at 2:30pm on Wednesday 1st February. This function is a good opportunity to learn about the operation of U3A Box Hill, and in particular the general etiquette of attending U3A classes. To assist with catering please RSVP at Office by Friday 27<sup>th</sup> January.

A reminder to all members that classes commence on Monday 6<sup>th</sup> February. During the first week of February meetings have been organised to welcome new members, celebrate our Tutors and provide information for our Office Volunteers.

Again, a warm New Year welcome to all members.

**Bruce Bourke**  
President.

**Thank you to Jacinta Collins  
Labor Senator for Victoria  
for printing and collation  
of this newsletter**

## Annual General Meeting

11am on Friday 31st March  
RSL Club Sports Bar

Parking free and can be accessed without the use of stairs from lower carpark.

NB1 the AGM will conclude at 11.30 so that those attending the luncheon can move across to the Upton Room to register (and organise their table seating)

NB2: there is no guest speaker at the AGM but there will be a guest speaker at the 25th celebration luncheon



Guest speaker: Elsie Mutton  
President of Network Victoria.

Elsie, as well as being state-wide leader, has variously been president, course coordinator and held other roles at U3A Nunawading

She has been instrumental in securing and preserving Victorian Government financial support for the U3A movement in general and individual Member U3As via the Grant system .

She is a tireless worker for the betterment and expansion of U3A in Victoria and indeed throughout Australia as a former President of the Australian Alliance of U3As.

## Working Bee Reminder 10am Monday 30 January



### WATCH THESE DATES

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January 30	Working bee
February 1	Volunteers' Morning Tea
February 1	New Members' Afternoon Tea
February 2	Tutors' lunch
February 6	Start Term 1 2017
March 30	End Term 1
March 31	AGM & 25th Birthday Luncheon
April 14-17	Easter

## HONOUR ROLL

### Life Memberships

Melina Abou-Seif  
 Doug Akeroyd  
 Lynn Akeroyd  
 Frank Crompton  
 Kathy Crompton  
 Beth Exton  
 Nan Humphries  
 Maureen Katz  
 Colin Mayfield  
 Greg McGregor  
 Natalie McGregor  
 Gwendda McKay  
 Flora Miller  
 Dorothy Portefaix  
 Elsie Smelt  
 Norma Timpson  
 Beatrice Zito

### Distinguished Service Awards

Jo Dawson  
 Helen Elliott  
 Viney Longthorp  
 David Lording  
 Barbara Lovell  
 Rita Maclean  
 Colin Mayfield  
 Dorothy Portefaix  
 Val Robertson  
 Beverley Rodda  
 Margaret Walker  
 Susan Webster  
 Arthur Wells  
 Beatrice Zito

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## U3A Box Hill Office 2017

This year's Office Manager is Gwen George, the Office Roster Coordinator is Linda Carter, and Dianne Forster is assisting. Gwen and Linda are also new members of the U3A Box Hill Committee.

We would like to sincerely thank Margaret Walker and Barbara Lovell for their valued roles as Office Manager and Office Roster Coordinator in recent years, as they are now stepping down. They have both been very generous with their time and expertise in ensuring a smooth handover, as has Helen Elliott.

Thank you for those U3A Box Hill members who have worked in the Office during 2016, and volunteered to be on office duty in 2017. Your contribution is greatly appreciated and helps things keep ticking over. If you have volunteered but haven't been rostered on at present, you may be asked later in the year, as things can change. Please also consider volunteering again in 2018.

Looking forward to another great year at U3A Box Hill.

**Gwen George**  
**Linda Carter**



Thank you to the City of Whitehorse for their help and sponsorship.

Listed below are those holding an office or a responsibility for U3A Box Hill. This isn't all of our workers, of course, just those identified as responsible for a service or activity.

### Committee of Management

|                |                                    |
|----------------|------------------------------------|
| Bruce Bourke   | President                          |
| Dennis Whelan  | Vice President                     |
| Jim Maunder    | Secretary & Facilities Manager     |
| Chris Marks    | Treasurer                          |
| Betty Shaw     | Program Co-ordinator               |
| Helen Elliott  | Systems Manager.                   |
| Gwen George    | Office Manager                     |
| Susan Webster  | Planning & Accommodation           |
| Valerie Bourke | Network Representative             |
|                | Twenty fifth anniversary organiser |
| Stanley Barker | Newsletter, Website                |
| Lee Wallin     | Publicity                          |
| Mario Bonnici  | Audio-Visual                       |
| Linda Carter   | Office Roster                      |

### Administration

|                   |              |
|-------------------|--------------|
| Valerie Robertson | Housekeeping |
| Josette Hocking   | Librarian    |

### Newsletter/Website Team

|                |                 |
|----------------|-----------------|
| Stanley Barker | Editor, Website |
| Betty Wood     | Logistics       |

### The Fold 'n Post Team

|                  |                               |
|------------------|-------------------------------|
| Barbara McRae    | Desiree Wells                 |
| Sally Cohen      | Rosemary Hodgson              |
| Olive Cox        | Betty Wood                    |
| Pam Flynn        | Linda Young                   |
| Val Robertson    | Ann Hawke                     |
| Joe Gentile      | Judy Joyce                    |
| Eva Millane      | Judy Anderson                 |
| Celine Fernandez | <b>New Volunteers welcome</b> |

### Data Entry/Receipts Team

|                 |                  |
|-----------------|------------------|
| Christine Wells | Susan Cott       |
| Helen Elliott   | Seng Poon        |
| Jenny Quidenus  | Judith Steinicke |
| Guek Tan        | Denise Wigg      |

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**NEW COURSES AND RETURNING FAVOURITES!**

On Wednesday the 8th February, at 11am in Strabane Hall, we will commence a course for the whole of term 1 on "World War 2". Our Tutor will be Dr. William Breen who lectured on History at LaTrobe University for over thirty years. Week 1 will cover the subject "Outbreak of World War II" - Path to War. A lot of work has gone into the preparation of this course so it would be good to have "a full house". The 11am classes on Wednesdays do not require registrations - just come along.

**POSITIVE THINKING AND MEDITATION CLASSES FOR HEALTHY BODY AND MIND**

Another new Course will be "Positive Thinking and Meditation" with Kirti Baxi.

Tom Edwards will be returning with "Keep your Brain Active". As you have heard, these classes are great and it's worth going for the magic tricks at the end! But don't be fooled, keep your eye on Tom!

**DES THORNTON & MAX MCCREADY RETURN.**

Des Thornton presenting "Australian History" and Max McCready presenting "Australian Characters". "So you don't get mixed up with the weeks, just enrol for both and come every week"!

**ARMCHAIR TRAVEL**

After a few years of wonderful leadership, Barbara Jenkins has handed over the leadership of Armchair Travels to Lynn Akeroyd. We thank Barbara for all the good work she has done in recruiting guests to take us with them on their travels (at no extra cost!) Come to Paris with Lyn, then to the South of France to visit some interesting villages - and on to Italy and the Cinque Terre and end up in Florence - flying out of Bologna - all in one afternoon! 1.30pm on the third Wednesday.

Don't forget Lunch every Wednesday at 12.30pm (byo) and this will continue during the holidays, for all those who are missing U3A and their friends – at Strabane Hall.

**TRIVIA**

A fun way to s-t-r-e-t-c-h our minds - with friends - and maybe learn a little. If you had attended the Trivia afternoon about two months ago, you would have learnt that the good folk of Italy wear red underwear to welcome in the New Year!! Judith Horman is busy preparing the questions and it should be a lot of fun. 1.30pm on the first Wednesday of the month. No need to register for Trivia - just turn up every month, or when you can. Great prizes - you may even win a new car!

**CURRENT AFFAIRS** will be meeting at Strabane Heights, same time, same day, and **FELDENKRAIS** will be same day 1pm at Strabane Hall.

**2016 CHRISTMAS PARTY**

The U3A Box Hill Christmas party was held at Strabane Hall on 25 November.

The President, Bruce Bourke opened proceedings by welcoming special guests, life members and all present.



The U3A Box Hill Choir conducted by Margaret Henderson presented a number of pieces, and everyone joined in for two well-known Christmas carols.

Bruce Bourke presented a 'Distinguished Service award' to Barbara Lovell for her contribution to U3A Box Hill, and thanked Colin & Eleanor Mayfield for their services in catering for functions over many years.



A raffle to raise money for a new TV set was drawn by invited guests.

Lunch was then enjoyed by all.

And after lunch, Myrle North entertained with a reading of her poem...

***The fight before Christmas***



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Happy New Year could be January 1<sup>st</sup> and/or 28<sup>th</sup>.

新年快乐

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The Nordic walking group wish you a "Godt nytt år"

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**Book Groups -**  
**1st, 2nd and 3rd**  
**Wednesdays, all 1-3pm**  
 Join the discussion - the book groups are looking for more members.



Do you enjoy books? Finding new directions? Have a chat about your favourite book or find something different to read.

We have 3 Book Groups- 1st, 2nd and 3rd Wednesdays, all 1-3pm. All groups welcome new members, check with the Office.

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**MOVIE MATINEES**



**8 February 2017 at 1.00pm -**  
**Woman in Gold** – with Helen Mirren and Ryan Reynolds

**8 March 2017 at 1.00pm -**  
**A Good Year** – with Russell Crowe, Albert Finney and Marion Cotillard



**U3A BOX HILL PAMPHLETS**

A special thank you to those members who volunteered to distribute our U3A pamphlets for the letterbox drop in late November. Such publicity not only increases our numbers but helps to explain U3A's function within the community.

Thanks again.

**Lee Wallin**  
**Publicity Committee**

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**Working Bee**  
**Monday 30 January 10am**



Yes, the working bee is buzzing again come on Monday, 30 January at 10am to help prepare our venue for the 2017 year.

If you enjoy the learning and activity at U3A Box Hill, and you appreciate what our volunteering provides, join your fellow members to clean up and spruce up Strabane Hall.

Our working bee starts at 10am and will be followed by a home-made sandwich and fruit lunch. A sign-up sheet and task list will be at the office door. Please bring gloves and tools (for outdoor work) or cleaning buckets and mops/dusters (for indoor work).

To paraphrase a well-known politician, "Make Strabane great again!!"

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**2017 Terms**

Term 1	6 February - 30 March
Term 2	18 April - 30 June
Term 3	17 July - 22 September
Term 4	9 October - 1 December

## NOTICE 26<sup>th</sup> ANNUAL GENERAL MEETING

The 26<sup>th</sup> Annual General Meeting of U3A Box Hill will be held on **Friday 31st March, 2017 at 11am in the Box Hill RSL Club Sports Bar**, 26-28 Nelson Rd., Box Hill 3128.

Fourteen places are available on the Committee of Management and nominations are sought for all positions.

All members are encouraged to attend and to nominate themselves or other full U3A Box Hill members for Committee places.

A nomination form is provided in this newsletter or is available from the office or at the AGM (in the event that sufficient nominations are not received before 10<sup>th</sup> March, 2017).

Under the provisions of our 2014 Constitution:

Any full member of U3A Box Hill may be nominated for a position on Committee

An eligible member may—

- (a) nominate himself or herself; or
- (b) with the member's consent, be nominated by another member.

Completed, written nominations should be submitted to the Secretary/Office by Friday 10<sup>th</sup> March, 2017. Please use a separate form for each nomination.

**Bruce Bourke**  
**Hon. President**  
**U3A Box Hill**

### Nominations for U3A Box Hill 2017-2018 Committee of Management (COM) **AGM 31st March, 2017**

<u>Nominee Name</u> Name & Signature with Date	<u>Nominated Position</u>	<u>Proposed by:</u> Name & Signature with Date
	<b>President</b>	
	<b>Vice-President</b>	
	<b>Treasurer</b>	
	<b>Secretary</b>	
	<b>General Committee Member</b>	
	<b>General Committee Member</b>	

**Nominations are welcome for any and all posts**

**U3A BOX HILL CLASS TIMETABLE TERM 1 6/2/2017 - 30/3/2017**

Cd	Class/Activity	Tutors/Leaders	Location	Day	Start	Finish
89	Nordic Walking	Valerie Bourke	Tyrrell&Cairo Sts M.A.Nth	Mon	7:55 AM	9:30 AM
33	Music Appreciation	Maureen Kable	Main Room	Mon	9:45 AM	11:00 AM
29	Italian 2 FULL	Frances Bonnici	Front Room	Mon	10:00 AM	11:30 AM
69	Threads & Needles & Knitting	Judith & Myrle	Main Room	Mon	11:15 AM	1:15 PM
30	Italian 3	Frances Bonnici	Front Room	Mon	11:30 AM	12:30 PM
363	Drawing FULL	Geoff Jones	Dunloe Pavilion	Mon	12:00 PM	1:30 PM
592	Keep Your Brain Active FULL	Tom Edwards	Front Room	Mon	12:30 PM	1:45 PM
7	Music Choral Group	Margaret Henderson	Main Room	Mon	1:30 PM	3:00 PM
411	Spanish Beginners	Stanley Barker	Front Room	Mon	1:45 PM	3:00 PM
41	Spanish	Maria Perez-Arroyo	Front Room	Mon	3:15 PM	4:30 PM
611	Creative Photography	Clare Hopkins	Front Room	Tues	9:30 AM	11:00 AM
6	Chinese Language& Culture	Linda Chin	Main Room	Tues	10:00 AM	11:00 AM
14	Cryptic Crosswords 1 FULL	Margaret Gentile	Yooralla	Tues	10:00 AM	11:15 AM
32	Positive Thinking & Meditation	Kirti Baxi	Strabane Heights	Tues	10:30 AM	12:00 PM
19	Exercise To Music FULL	Julie Collins	Main Room	Tues	11:15 AM	12:15 PM
37	Cryptic Crosswords 2 FULL	Margaret Gentile	Yooralla	Tues	11:30 AM	12:30 PM
21	French Lit'ture Intro FULL	Geoff Salter	Front Room	Tues	11:30 AM	12:30 PM
16	Current Affairs	Howard Tankey	Strabane Heights	Tues	12:30 PM	2:00 PM
47	Writing Group FULL	Valerie Bourke	Front Room	Tues	12:45 PM	2:00 PM
442	Feldenkrais Method FULL	Lexine Anastasios	Main Room	Tues	1:00 PM	2:00 PM
5	Craft Card Making	Sue Vane-Tempest	See Office	Tues	2:00 PM	3:30 PM
811	China Today	Albert Ip	Front Room	Tues	2:15 PM	3:15 PM
40	Solo & 500	Ann Blakeley	Main Room	Tues	2:15 PM	4:00 PM
76	Wine Apprec.2 (2nd Tues) FULL	Edith Westcott	Front Room	Tues	5:00 PM	6:30 PM
77	Wine Apprec.4 (4th Tues) FULL	Jim Maunder	Front Room	Tues	5:00 PM	6:30 PM
191	Zumba Fitness FULL	Wendy Brammer	Main Room	Wed	8:00 AM	8:45 AM
53	Poetry	Jennifer Willis	Front Room	Wed	9:30 AM	10:45 AM
42	Tai Chi	Beulah Gardiner	Main Room	Wed	9:30 AM	10:30 AM
43	Walking Group	Helen Beaton	See Folder	Wed	10:00 AM	11:30 AM
60	Craft Jewellery Making FULL	Lena & Merrilyn	Yooralla	Wed	10:30 AM	12:00 MD
813	Chinese Karaoke Entertainment	Albert Ip	Dunloe Pavilion	Wed	11:00 AM	1:00 PM
961	World War 2	Dr William Breen	Main Room	Wed	11:00 AM	12:30 PM
653	Lunch (All welcome)		Main Room	Wed	12:30 PM	1:15 PM
67	Book Group 1-1st Wed	Bruce Bourke	Strabane Heights	Wed	1:00 PM	3:00 PM
3	Book Group 2-2nd Wed	Valerie Bourke	See Office	Wed	1:00 PM	3:00 PM
68	Book Group 3 - 3rd Wed	Gwen George	Strabane Heights	Wed	1:00 PM	3:00 PM
987	Movie Matinee 8/2, 8/3	Mario Bonnici	Main Room	Wed	1:00 PM	
106	ArmchairTravel15/2 &15/3	Lynn Akeroyd	Main Room	Wed	1:30 PM	2:30 PM
999	C of M meeting (4th Wed)	Bruce Bourke (Pres)	Front Room	Wed	1:30 PM	3:30 PM
415	Trivia 1st Wednesday	Judith Horman	Main Room	Wed	1:30 PM	2:30 PM
23	French Intermediate	Francoise Garnier	Front Room	Thur	9:30 AM	10:30 AM
24	German Intermediate	Eicke Breuer	Main Room	Thur	9:30 AM	10:45 AM
17	Craft Embroidery,Alt.Thur FULL	Charmaine Goodman	See Office	Thur	10:30 AM	12:30 PM
20	French Advanced	Francoise Garnier	Front Room	Thur	10:30 AM	11:30 AM
25	German Advanced	Eicke Breuer	Main Room	Thur	10:45 AM	11:45 AM
22	French Conversation	Francoise Garnier	Front Room	Thur	11:30 AM	12:30 PM
44	Ch' i-kung Gentle Exercise	Beverley Milne	Main Room	Thur	12:00 PM	1:20 PM
103	AustCharacters 9&23/2, 9&23/3	Max McCready	Front Room	Thur	12:30 PM	1:30 PM
96	AustHistory 16/2,2/3,16/3,30/3	Des Thornton	Front Room	Thur	12:30 PM	1.30 PM
31	Mah Jong	Betty Wood	Main Room	Thur	1:30 PM	4:00 PM
383	Social Philosophy FULL	Dawn Heffernan	Front Room	Thur	2:00 PM	3:30 PM
73	Lawn Bowls Intro Mel, 47 K7	Bill Letch	Blackburn Nth Bowls Club	Thur	2:30 PM	4:00 PM
36	Painting Oils FULL	Sok-Cheng Chang	Main Room	Fri	9:15 AM	11:45 AM
583	IPad Workshop	Ray and Jim	Front Room	Fri	10:30 AM	12:15 PM
4	Bridge Duplicate	Colin Mayfield	Main Room	Fri	12:45 PM	4:00 PM
39	Scrabble FULL	Eva Millane	Front Room	Fri	1:30 PM	3:30 PM
988	Flight Simulation	Greg Whiley	See Office	To be decided		

**Location: Front,Main Room = Strabane Hall Yooralla = 31 Strabane Ave  
Dunloe Pavilion = Braemar St Strabane Heights = 9 Strabane Avenue  
See Office = off site venue, office staff will provide address**