

THIRD AGE NEWS

U3A Box Hill Inc. Newsletter
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President's column

Happy New Year and welcome back to U3A Box Hill. An especially warm welcome to all our first time members. You will gain from U3ABH in proportion to the effort you put into this wonderful, totally volunteer-based,



organisation. To this end a nomination form for the 2019/20 Committee of Management is attached. More Office volunteers and members who can help with catering for our various events are needed. Do not be shy, come forward to help. Contact Helen Elliott, volunteer coordinator jandh162@gmail.com, don't wait for Helen to contact you.

2018 at U3A BH closed with a wonderful **Christmas luncheon**. Our Choir and our Karaoke group entertained us (see samples of their singing on our website), in between the serving of a delicious luncheon. Three of our hardworking members received well deserved **Distinguished Service**

Awards at this event. **Jim Maunder** who most recently lead the introduction of the UMAS computerised administrative system but who has also been Secretary and in charge



of maintenance and Council liaison as well as leading an iPad class and wine group, **Stanley Barker** who has for many years been our Newsletter editor, web master as well as leader of the Strabane Hall environment group and a tutor of Spanish, and



Julie Collins who has surely taught more members than anyone at U3A BH over her twenty-five years as *Exercise to Music* tutor.



The Bendigo Bank, Surrey Hills branch, has been a generous sponsor of U3A BoxHill in 2018, Maggie Stamoulis presents a cheque to Albert Ip our Karaoke leader. The new tables and new Karaoke equipment were obtained with their generous assistance.



A feature of the luncheon was the contribution of our choir who make it such a joyous occasion with those present



singing along with favourite carols.

Our 2018 luncheon also featured our Karaoke group whose enthusiasm "rather took over" towards the end of the event with renditions of ABBA "lifting the roof"(...p2)



WATCH THESE DATES

February 4	Working Bee
February 5	Tutors' Lunch
February 6 - 10 am	Volunteers Morning tea
February 6 - 2:30 pm	New Members Afternoon Tea
February 11	Start Term 1
March 11	Labour day
April 5	End Term 1
April 23	Start Term 2

**Thank you to Jacinta Collins
Labor Senator for Victoria
for printing and collation
of this newsletter**

Yet again, Betty Shaw and Jennifer Willis by sheer enthusiasm were able to raise over \$400 with the raffling of many hampers and other presents.



Class coordinator Betty Shaw did so much towards the Christmas luncheon. Lee and Lester Wallin , Anna Strahan, Edith Westcott and Carolyn Thomas (who ran the drinks station), Howard Tankey (carrying all that food), Joanne from Karaoke (who did so much washing up), Clare Hopkins and her many helpers who mounted the photography display as well

as Anne Leonard, Veronica Rust, Jo Dawson, Joe Gentile, Jennifer Willis, the 2 Judiths from the choir and our COM members, Jim Maunder, Stanley Barker, Gwen George, and Mario Bonnici, all contributed to ensure the smooth running of the event.

The whole celebratory event was enriched by the **creative photography class's display** of award winning photographs.



Last year U3A Box Hill Committee of Management took the step of introducing a computerised on line administrative and enrolment system. We chose the U3A Network Victoria system, **U-MAS**, which many U3As across the state have introduced and with which U3A Nunawading has been assisting us. Enrolments from Easter onwards used this system. A number of members with computer and/or data entry skills came forward to help with the introduction lead by Jim Maunder and Seng Poon. The persistent hard work by Jim and Seng and the team they trained insured the smooth transition to this new system. We are all in their debt.

A number of events during the first week of February will launch us into 2018. Monday 4th is our "get *Strabane Hall and surrounds ready*" **Working Bee** from 10.00 to 12.00 followed by lunch. On Tuesday 5th at 1pm all our **tutors** are invited to a luncheon. On Wednesday 10.00am there is a morning tea welcoming all our **volunteers** back and at 2.30 pm there is an afternoon tea for our **new members**. These events provide an opportunity to mix with other members and meet Committee of Management members.

Best wishes for the year ahead, *Live, learn laugh* and make the third age your best age.

Valerie Bourke
President

Medical Indemnity

It is important that members enrolling in any activity based course at U3ABH be aware that it is their personal responsibility to ensure they have a medical practitioner's approval to undertake such a program. Courses are taken at member's own risk. It is essential that any member enrolling in such courses brings to the attention of the tutor any limitations and/or modifications to the program that may be needed for their participation. NO MEMBER is to enrol in any exercise/activity class without medical approval.

Valerie Bourke
President on behalf of the COM U3A BH

ALERT! POSSIBLE NEW CLASS YOGA & MEDITATION Mondays

Leave your name in Office or a message on the phone if interested

Nomination Forms for COM 2019/20

On the notice board and on the mailing page of this newsletter is a nomination form for positions on the 2019/20 Committee of Management. We need YOU to join those on this group as we do not have sufficient members to do all the tasks required.

AGM and constitution changes

At our March 13 AGM constitutional changes made necessary by the ending of the *associate member* class will be presented and voted on by those members attending. The proposed wording changes are available for perusal on the U3ABH website and also hard copy versions in the office. Please make yourself aware of these proposed changes so that you can make an informed decision at the AGM.

Opportunity: Casual work locally

Want some part time casual work locally. Contact Martin on 0459097095 he likes to employ local seniors at award rates to assist with clerical duties



Programme Co-ordinator's Report

Hopefully, Box Hill U3A members have been enjoying their December/January holidays but it is nearly back to class time!

Classes will resume on Monday the 11th February and we welcome everyone back and especially, our new Tutors and new Members.

Please make everyone welcome.

Lester Wallin will commence his new class "Australian Music and Bush Music" on Mondays at 10.30am in Dunloe Pavilion (for one hour).

Fay Salmon will return to tutor our Drawing Class on Mondays at 12 noon, again in Dunloe Pavilion.

Sharlee Goss is the new Tutor for "Current Affairs".

Don't forget Wednesdays at 11am when we have our visiting Guest Speakers. Check your weekly newsletters to see who we will be welcoming.

Please advise the office staff if you have an e-mail address so you can receive the weekly newsletter online.

Don't forget the Working Bee on Monday the 4th February so we can spruce up Strabane Hall ready for our new term.

A date for your diary - our Annual General Meeting on Wednesday the 13th March.

If you have used Christmas cards and don't know what to do with them - I have been told about a Catholic children's home who would love to receive them.

Bundle up your cards, address them to me, and leave them in the U3A office.

Here's to a great Term One!

Betty Shaw

Programme Co-ordinator.



Thank you to the City of Whitehorse for their help and sponsorship.



Movie Matinees Program – Term 1

13 February 2019 at 1.00pm – Main Room
Hunt for the Wilderpeople (2016) –



Adventure/Comedy/Drama – 1hr 41 min

Director: Taika Waititi

Actors: Sam Neil, Julian Dennison and Rima Te Wiata

Filming locations: New Zealand

Plot: Bella and Hector, two reclusive country folk, become foster parents to Ricky, a problem child from the city. After some adjustments, things go reasonably well until other problems arise. This is a brilliant funny movie that still respects the sadness that happens in life. This movie highlights the beauty of New Zealand's landscape.

13 March 2019 at 1.00pm – Main Room
The Phantom Thread (2017)
Drama/Romance – 2hr 10m



Director: Paul Thomas Anderson

Actors: Daniel Day-Lewis, Vicky Krieps and Lesley Manville

Filming Locations: Yorkshire, Blackpool, London and Switzerland

Plot: Set in the glamour of 1950's post-war London, renowned dressmaker Reynolds Woodcock and his sister Cyril are at the centre of British fashion, dressing royalty, movie stars, and socialites. His confirmed bachelor's life is disrupted when he meets a young, strong-willed woman, Alma, who becomes his muse and lover.

This movie won an Oscar for the Best Costume Design.

2019 Terms

Term 1	11 February – 5 April
Term 2	23 April - 28 June
Term 3	15 July - 20 September
Term 4	14 October – 28 November

Listed below are those holding an office or a responsibility for U3A Box Hill. This isn't all of our workers, of course, just those identified as responsible for a service or activity.

Committee of Management

President	Valerie Bourke
Vice President	Howard Tankey
Treasurer	Chris Marks
Secretary	Rosslyn Ives
Volunteer Coordinator	Helen Elliott
Website & Newsletter	Stanley Barker
Operable Wall	Chris Marks
Audio Visual	Mario Bonnici
Publicity	Lee Wallin
Network Rep.	Valerie Bourke
Program Coordinator	Betty Shaw
Office Manager	Gwen George
Office Volunteer Coordinator	Mary Quarrell
UMAS Coordinator	Jim Maunder

Administration

Valerie Robertson	Housekeeping
Allyson Anthonisz	Librarian

Newsletter/Website Team

Stanley Barker	Editor, Website
Betty Wood	Logistics

The Fold 'n Post Team

Betty Wood	Pam Flynn
Val Robertson	Sally Cohen
Eva Millane	Judy Joyce
Celine Fernandez	Ann Michael
Stephen Clifton	Trish Clifton
Trudi McKay	Rosemary Hodgson

UMAS Data Entry Team

Christine Wells	Denise Wigg
Guek Tan	Jenny Quidenus
Rick Westcott	Edith Westcott
Seng Poon	Susan Cott
Rose-Mary Cassin	Lyn McCutcheon
Ann Michael	Trish Thomas
Robin Glasscock	Jim Maunder

Working Bee

Monday 4 February 2019

10.00-12.30



It's Cleanup Time



**Start of year spruce up
to welcome our members back**

U3A Box Hill Office 2019

Gwen George is continuing on as Office Manager for 2019; the Office Roster Coordinator is Mary Quarrell and Dianne Forster is assisting.

Thank you to those U3A Box Hill members who have worked in the Office during 2018 and volunteered to be on office duty in 2019. Your contribution is greatly appreciated and helps things keep ticking over.

The rosters for Terms 1 & 2 were posted out on 10 January, so if you have not yet received your roster please contact Mary as soon as possible. New office volunteers will be contacted shortly to arrange for a morning or afternoon training and then to go onto the emergency roster.

If you have volunteered but haven't been rostered on at present, you may be asked later in the year, as things can change.

Looking forward to another great year at U3A Box Hill

**Gwen George
Mary Quarrell
Dianne Forster**



Both U3A Box Hill's Choir and Karaoke Group brought early Christmas cheer to the elders at St Catherine's and Megwacare respectively.

Many in the audiences participated in the carols' singing.



**Lester Wallin is introducing a new course
"Australian Folk Music"**

The sessions will include brief comment and discussion on the writers, influences, performers, and evolution of Traditional Australian Folk Music, but concentrate on listening to, and watching videos of the artists including The Bushwackers, Martin Wyndham-Read, Dave de Hugar, Warren Fahey, Wallis Matilda, Eric Bogle, Archie Roach, John Williamson, various bush bands, and others who have collected, performed and made their own contribution to the preservation of the genre.

PHOTOS FROM THE 2018 CHRISTMAS PARTY



U3A BOX HILL CLASS TIMETABLE TERM 1 - 11/2/2019 - 15/4/2019

Code	Class/Activity	Tutors/Leaders	Location	Day	Start	Finish
19EXE07	Nordic Walking	Valerie Bourke	Tyrrell&Cairo Sts	Mon	7:55 AM	9:30 AM
19MUS02	Music Appreciation	Maureen Kable	Main Room	Mon	9:45 AM	11:00 AM
19LAN07	Italian 2	Frances Bonnici	Front Room	Mon	10:00 AM	11:30 AM
19MUS03	Australian Folk Music	Lester Wallin	Dunloe Pavilion	Mon	10:30 AM	11:30 AM
19ART04	Threads & Needles & Knitting	Judith & Myrle	Main Room	Mon	11:15 AM	1:15 PM
19LAN08	Italian 3	Frances Bonnici	Front Room	Mon	11:30 AM	12:30 PM
19ART06	Drawing	Fay Salmon	Dunloe Pavilion	Mon	12:00 PM	1:30 PM
19LAN10	Spanish Beginners	Stanley Barker	Front Room	Mon	12:30 PM	1:30 PM
19CRA01	UFOs - Unfinished Objects	Gwen George	See Office	Mon	1:00 PM	3:00 PM
19MUS01	Music Choral Group	Margaret Henderson	Main Room	Mon	1:30 PM	3:00 PM
19LAN10B	Spanish Intermediate	Stanley Barker	Front Room	Mon	1:45 PM	3:00 PM
19LAN09	Spanish	Maria Perez-Arroyo	Front Room	Mon	3:15 PM	4:30 PM
19LAN11	Esperanto	Brian Belcher	Main Room	Tues	9:00 AM	10:00 AM
19ART07	Creative Photography	Clare Hopkins	Front Room	Tues	9:30 AM	11:00 AM
19LAN01	Chinese Language & Culture	Linda Chin	Main Room	Tues	10:00 AM	11:00 AM
19GAM02	Cryptic Crosswords 1	Margaret Gentile	Strabane Heights	Tues	10:00 AM	11:15 AM
19EXE02	Positive Thinking and Meditation	Kirti Baxi	Strabane Heights	Tues	10:30 AM	12:00 PM
19LAN12	French Literature Intro - Fortnightly	Geoff Salter	Front Room	Tues	11:00 AM	12:30 PM
19EXE01	Exercise To Music	Julie Collins	Main Room	Tues	11:15 AM	12:15 PM
19GAM04	Cryptic Crosswords 2	Margaret Gentile	Strabane Heights	Tues	11:30 AM	12:30 PM
19EXE09	Feldenkrais Method	Lexine Anastasios	Main Room	Tues	12:45 PM	2:00 PM
19LIT06	Writing Group	Barbara Hatley	Middle Room	Tues	12:45 PM	2:00 PM
19CUR01	Current Affairs	Sharlee Goss	Front Room	Tues	12:45 PM	2:15 PM
19GAM06	Solo & 500	Ann Blakeley	Main Room	Tues	2:00 PM	4:00 PM
19CUR02	China Today	Albert Ip	Front Room	Tues	2:30 PM	3:30 PM
19WIN01	Wine Appreciation 2 (2nd Tues)	Edith Westcott	Front Room	Tues	5:00 PM	6:30 PM
19WIN03	Wine Appreciation 3 (3rd Tues)	TBA	Front Room	Tues	5:00 PM	6:30 PM
19WIN04	Wine Appreciation 4 (4th Tues)	Sue Wilson	Front Room	Tues	5:00 PM	6:30 PM
19EXE03	Tai Chi 1	Beulah Gardiner	Main Room	Wed	9:30 AM	10:30 AM
19LIT05	Poetry	Margaret Kirwan	Front Room	Wed	9:30 AM	10:45 AM
19EXE04	Walking Group	Vivienne Bland	See Folder	Wed	10:00 AM	11:30 AM
19ART03	Craft Jewellery Making	Lena & Merrilyn	Middle Room	Wed	10:30 AM	12:00 MD
19ENT01	Armchair Travel Wed 20/2 20/3	Gwen George	Main Room	Wed	11:00 AM	12:30 PM
19EXE10	Keep Your Brain Active	Tom Edwards	Front Room	Wed	11:00 AM	12:30 PM
19SHO01	Short Courses		Main Room	Wed	11:00 AM	12:30 PM
19ENT03	Lunch (All welcome)		Main Room	Wed	12:30 PM	1:00 PM
19ENT02	Trivia 1st Wed 6/3 3/4	Judith Horman	Main Room	Wed	1:00 PM	2:00 PM
19ENT05	Movie Matinee Wed 13/2 13/3	Mario Bonnici	Main Room	Wed	1:00 PM	3:00 PM
19LIT02	Book Group 2 - 2nd Wed	Valerie Bourke	See Office	Wed	1:00 PM	3:00 PM
19LIT03	Book Group 3 - 3rd Wed	Gwen George	See Office	Wed	1:00 PM	3:00 PM
19EXE11	Tai Chi 2	Lee-Ann Green	Dunloe Pavilion	Wed	1:00 PM	2:00 PM
19COM01	C of M meeting (4th Wed)	Valerie Bourke	TBA	Wed	1:30 PM	3:00 PM
19EXE12	Emotional Freedom Technique	Colin Carter	Front Room	Wed	1:30 PM	3:00 PM
19LIT01	Book Group 1 - 1st Wed	Bruce Bourke	Middle Room	Wed	1:30 PM	3:30 PM
19LAN04	French Intermediate	Francoise Garnier	Front Room	Thur	9:30 AM	10:30 AM
19LAN05	German Intermediate	Eicke Breuer	Main Room	Thur	9:30 AM	10:45 AM
19LAN02	French Advanced	Francoise Garnier	Front Room	Thur	10:30 AM	11:30 AM
19ART01	Craft EmbroideryAlt. Thur	Charmaine Goodman	See Office	Thur	10:30 AM	12:30 PM
19LAN06	German Advanced	Eicke Breuer	Main Room	Thur	10:45 AM	11:45 AM
19LAN03	French Conversation	Francoise Garnier	Front Room	Thur	11:30 AM	12:30 PM
19EXE05	Ch i-kung Gentle Exercise	Beverly Milne	Main Room	Thur	12:00 PM	1:00 PM
19HIS01	Australian History 1st/3rd/5th Thurs	Des Thornton	Front Room	Thur	12:30 PM	1:30 PM
19HIS02	Australian Characters 2nd/4th Thurs	Max McCreedy	Front Room	Thur	12:30 PM	1:30 PM
19GAM03	Mah Jong	Betty Wood	Main Room	Thur	1:30 PM	4:00 PM
19PHI01	Social Philosophy	Dawn Heffernan	Front Room	Thur	2:00 PM	3:30 PM
19EXE06	Lawn Bowls Intro Mel 47 K7	Bill Letch	Blackburn Nth Bowls	Thur	2:30 PM	4:00 PM
19ART02	Painting Oils	Sok-Cheng Chang	Main Room	Fri	9:15 AM	11:45 AM
18PHI02	Where to From Here?	Howard Tankey	Front Room	Fri	9:30 AM	10:45 AM
19TEC01	IPad Workshop	Ray Reaburn	Front Room	Fri	11:00 AM	12:00 PM
19ENT04	Karaoke Entertainment	Albert Ip	Dunloe Pavilion	Fri	11:00 AM	2:00 PM
19GAM01	Bridge Duplicate	Colin Mayfield	Main Room	Fri	12:45 PM	4:00 PM
19GAM05	Scrabble	Eva Millane	Front Room	Fri	1:30 PM	3:30 PM

Location: Front,Main Room = Strabane Hall Yooralla = 31 Strabane Ave

Dunloe Pavilion = Braemar St Strabane Heights = 9 Strabane Avenue

See Office = off site venue, office staff will provide address